

# JET ZONE<sup>®</sup>

JET LAG PREVENTION

## Drug Facts

| ACTIVE INGREDIENTS                        | PURPOSE  |
|---|--|
| <b>Arnica Montana</b><br>12C HPUS         | Sleepless and restless when overtired                            |
| <b>Cocculus Indicus</b><br>12C HPUS       | Constant drowsiness after loss of sleep, headache from traveling |
| <b>Kali Phosphoricum</b><br>6X HPUS       | Weak and tired from overexertion. Headache from fatigue          |
| <b>Gelsemium Sempervirens</b><br>12C HPUS | Insomnia from exhaustion   |
| <b>Nux Vomica</b> 12C HPUS                | Heartburn, anxiety and restlessness                              |
| <b>Argentum Nitricum</b><br>12C HPUS      | Mental anxiety   |

## Uses

A homeopathic combination for the temporary relief of the disruptions in circadian rhythms and fatigue associated with jet lag from flying and the symptoms of insomnia, exhaustion, irritability and anxiety.

## Warnings

- **Keep out of reach of children.** In case of overdose, get medical help or contact a poison control center right away
- **Do not use if the blister seal is broken**
- **If pregnant or breast-feeding** ask a health professional before use
- **Not intended as a substitute for sleep or alertness.** Consult a physician if symptoms persist for more than 7 days

## Directions

For Adults and Children over 6 years: Chew one tablet, up to one hour prior to every takeoff. Chew one tablet approximately every 2 hours and one within 1 hour of each landing. No need to wake up if you are asleep; get your rest and continue with the tablets when you wake up.

**Inactive Ingredients:** Lactose, Magnesium Stearate, Sorbitol, Starch.

**Questions?** Call toll free **1-800-340-0747** or visit [www.antijetlag.com](http://www.antijetlag.com).

## Try *Flight Spray*<sup>®</sup>

- The First Nasal Hydration Spray Created Especially for Airline Travelers to Help Prevent Colds, Flu and Sore Throat
- Saline Free – Alcohol Free



Ask your retailer for  
*Flight Spray*<sup>®</sup>  
[flightspray.us](http://flightspray.us)

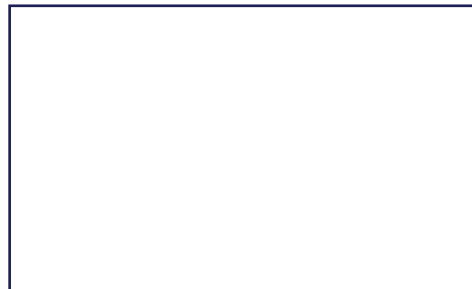


GLOBAL SOURCE

## For Travel Health

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# JET ZONE<sup>®</sup>

JET LAG PREVENTION



- 100% Natural Homeopathic Travel Medicine
- Uniquely Formulated to Prevent Jet Lag
- 30 Tablets for 48 Hours of Flying Time
- Chewable and Pleasant Tasting Tablets
- Easy to Use – No Water Needed
- Free of Interactions & Side Effects
- Safe & Effective

## Your Travel Health Necessity

[antijetlag.com](http://antijetlag.com)



**JetZone® homeopathic was developed for those traveling by jet across time zones for business and pleasure. Frequent flyers, flight attendants and pilots have used JetZone to help manage jet lag in flight safely without side effects.**

**JetZone®** Homeopathic:

- Was developed by a Homeopathic Physician – an MD
- Is an FDA Regulated OTC Drug
- FDA National Drug Code Number is NDC 63293-100-30
- Is a functional travel health product that comes in 300mg chewable tablets
- Is manufactured in the United States, according to The Homeopathic Pharmacopoeia of the United States (HPUS)
- Is manufactured in the USA in a cGMP Certified FDA Registered and Licensed Drug Manufacturing Facility

**Global Source**, the developer of **JetZone®**:

- Has distributed high-quality Over-The-Counter (OTC) Drugs, homeopathic medicines and other health products in the United States since 1995
- Has been registered with the United States Food and Drug Administration (FDA) since 1998
- The FDA Firm Labeler Code is 63923

**Jet Lag is a complex condition** and occurs when travel by jet airplane quickly puts a person in another time zone. In this new location the person must sleep and wake at times that are misaligned with his or her own body clock.

The severity of the problem increases with the number of time zones that are crossed.

Jet Lag can affect anyone who travels by jet but the symptoms may last longer in people of middle age and older and those in poor health.

Jet Lag may last longer and be more severe when traveling in an eastward direction.

There appears to be no difference in the amount of jet lag experienced in homeward versus outward directions.

The adjustment process of the circadian system is slow for jet lag, averaging 60 minutes of phase adjustment per day after a phase-advance shift [eastbound flight] and 90 minutes per day after a phase-delay shift [westbound flight], symptoms can last for days after the flight. West-to-east trips may require 1 day of recovery for each time zone crossed. East-to-west journeys may require 1 day of recovery for each one and a half time-zones crossed. For example, when you cross 6 time zones flying east, it might take 6 days to recover, but when you fly west, it may take no more than 4 days for your body to fully catch up.

The World Health Organization (WHO) International Classification of Diseases (ICD) has classified jet lag as a sleep disorder.

**Homeopathy is a system of natural medicine** introduced and developed by the German physician, Samuel Hahnemann, at the beginning of the 19th century. Homeopathic medicines, or 'remedies', stimulate the body's self-regulating mechanisms to initiate the healing process, this is called the Law of Similars.

**Example of the Law of Similars in Homeopathy**

If you cut a red onion you will get watery eyes and perhaps a runny nose from the vapors. If these symptoms occur during an episode of hay fever, a dose of *Allium cepa*, the homeopathic preparation of red onion, will relieve them.

Vaccines are an example of homeopathy, you administer a small dose of a flu to protect you from getting the flu.

A large dose of coffee will produce hyperactivity. Someone with hyperactivity, would be prescribed *Coffea cruda*, the homeopathic preparation of coffee to calm them.

**Homeopathy is Safe and Effective**

The active ingredients are given in highly diluted forms to avoid toxicity. By virtue of their infinite dilution, homeopathic medications are completely safe and non-addictive, with no unwanted side-effects. The success of homeopathic medicine clinically has been demonstrated by its international adoption and effectiveness in treatment of millions of people world-wide.