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Catching Flight 001!



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As you can see, I have returned from Spain! I guess this explains why I woke up this morning at 7am listening to House Music. Yes, the time difference, the staying out until 7am because of the incredible nightlife, and sometimes until 8am, has left fond memories of Spain!

However, before I started my journey I was sure to head over to one of my favorite travel stores, which was introduced to me by my fellow jet setters Kim & Minnie after having lunch at *Toast* one day. *Flight 001*, pronounced Flight One, is a fantastic one stop shop of all your travel needs. They have the most creative and innovative items for the girl and guy on the go, traveling that is! Luckily, the day before heading to Spain I stopped by to pick up a few items, and there was a 70% off sale:



Evian Facial Spray: One has to stay refreshed, especially when your travel itinerary includes almost a full day of traveling!



Jet Zone Jet Lag Remedy: I purchased these pills for the first time after recommendations by my friends and I must say that they work to the fullest. Kim & I both had at least

5 pills during our flight to Spain and did not sleep a wink. We seemed full of energy and I felt not one symptom of jet lag, so I highly recommend these chewable pills for a long journey.

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